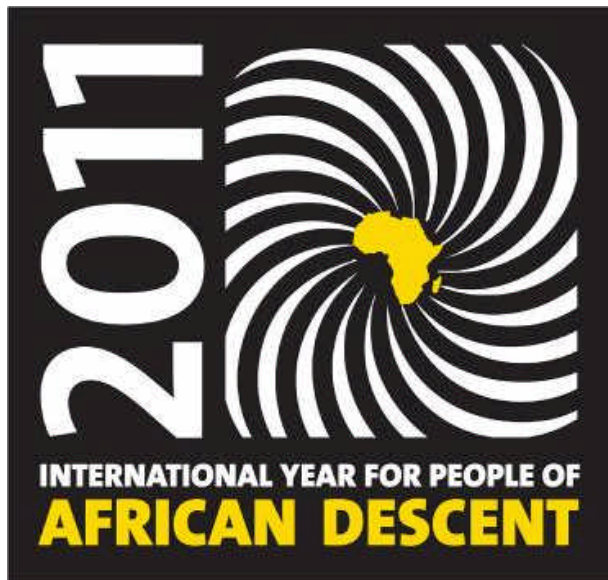


UN DECLARATION PROPOSAL:

2011 – The International Year for People of African Descent.



Righting past wrongs - to prevent future atrocities.

Presented by : Ms Doune Alexander MBE. FRSA

2011 AWARD WINNER -

Human Rights

(Citizens Commission on Human Rights 42nd Anniversary)

Outstanding Contributions to Complementary Medicine

(Institute for Complementary and Natural Medicine).

SUPPORTERS -

OF THE JOINING HANDS IN HEALTH campaign and nationwide petition THE NATION SPEAKS - "NO! NOT IN MY NAME"



World Institute of Natural
Health Sciences.
www.winhs.org/



www.naturopathy-uk.com



The National Health Federation.
www.thenhf.com



www.humanitad.org



Natural World Organization
HEALTH, TRANSPARENCY & ACCOUNTABILITY
www.nwo-igo.org



The Association of
Naturopathic Practitioners
www.nna-uk.com



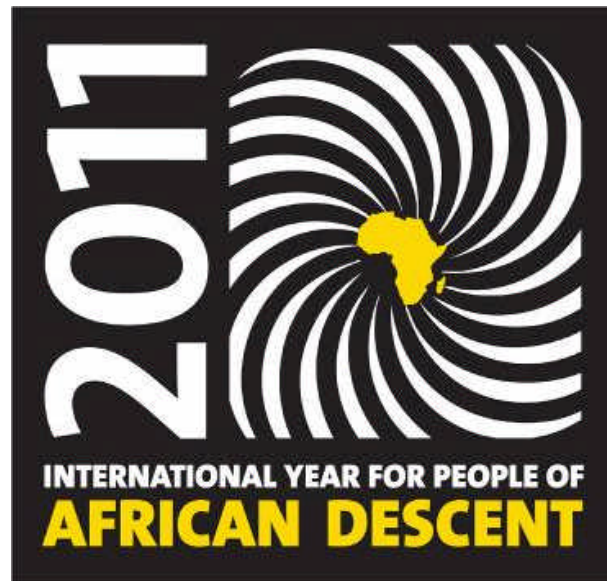
Citizens Commission on
Human Rights
www.cchr.org.uk



Namaste Publishing
www.namastepublishing.co.uk

UN DECLARATION PROPOSAL:

2011 – The International Year for People of African Descent.



Righting past wrongs - to prevent future atrocities.

- In 2009, The United Nations Secretary-General (Ban Ki-moon) declared **2011: The International Year for People of African Descent**, in recognition of **Slavery & the Transatlantic Slave Trade** (the worst and most prolonged form of human suffering in recorded history)... their endurance, immense contribution and proud legacy.

However, whilst the United Nations is openly apologizing for slavery, they are about to repeat the same gruesome mistake, introducing a **new type of '21st century' slavery** which could prove the worst form imaginable in our civilized history. The results on humans, animals and the 'natural' environment could be catastrophic and irreversible. Affecting the entire global population; deceived into a false sense of security believing they are FREE, as the chains and shackles will not be visible but the torturous pain and suffering will be far reaching and everlasting.

FREEDOM of 'WILL, Choice & Human rights' will be no more.

Global citizens captured by Neuro Linguistic Programming (NLP), unwittingly used as experimental guinea-pigs; drugged and poisoned by their own hands with synthetic (artificial) foods, cloned livestock; toxic medication and adulterated supplements, to maintain poor-health and infertility. All masterminded by those they have elected to safeguard their health, welfare, livelihoods and future. Under scientific approval and guidance, ruthlessly controlled by the worlds' powerful Governments and Corporations as human-resources (i.e. their wealth). Even so, there are many good people working within these circles, who are not aware or fully understand the secret agendas and planned programmes of control they are innocently undertaking. Therefore, it is now time for these good citizens to come forward and help us save humanity.

A ONE WOMAN Mission :

Campaigner **Dounne Alexander MBE. FRSA** - (supported by peaceful global advocates) is on a quest to prevent the greatest atrocity (yet to be unleashed) and safeguard the entire world's population from **Government/Corporate global slavery...** as a historic legacy to finally abolish SLAVERY in its entirety.

Dounne says;

*"As a descendant of slaves, I am utilizing my **freedom & power**, plus the **privilege** afforded to me under the UN Declaration... to bring global citizens together in peaceful opposition to stop corporate slavery. I have therefore integrated my UK petition **THE NATION SPEAKS** – **"NO! Not In My Name"** with the Declaration; plus incorporated a second petition called **'GLOBAL VOICES UNITE'** to facilitate citizens outside the UK... as the vehicles for everyone to **SIGN** in opposition and end this game, once and for all times. The **SILENT** impact on such a massive scale will be deafeningly **LOUD** and **CLEAR**. Taking our power, control & fate back into our own hands... will finally set Africans, their descendants and the rest of the world **FREE**, forever. I can think of no better tribute and lasting legacy, to leave in our ancestors' memory for today's and future generations."*

*"The world is a **dangerous place**, not because of those who **do evil**,
but because of those who **look on and do nothing.**"*

Albert Einstein: *(Jewish German born agnostic; Swiss-Austrian-American Physicist. Nobel Prize in Physics)*



The UN DECLARATION states:

As a permanent memorial to and remembrance of the victims of slavery and the transatlantic slave trade, the UN proclaims the year beginning **1 January 2011 – the International Year for People of African Descent**, with a view to :-

- Strengthening national actions; regional and international cooperation for the benefit of people of African descent in relation to their *full enjoyment of economic, cultural, social, civil and political rights; their participation and integration in all political, economic, social and cultural aspects of society; and the promotion of a greater knowledge of and respect for their diverse heritage and culture.*
- Reaffirming those portions of the **Universal Declaration of Human Rights**, that proclaim all human beings are born free and equal in dignity and rights and that everyone is entitled to all the rights and freedoms therein, without distinction of any kind.

Ban Ki-moon stated; *“This forces us to confront human beings at their worst. But in those who opposed slavery then and now, we also celebrate people at their best; the brave slaves who rose up despite mortal risk; the abolitionists who challenged the status quo; the activists who fight intolerance and injustice. Whether renowned or unsung, these heroes show that the pursuit of human dignity is the most powerful force of all.”*

Suppression:

Although the United Nations encouraged international Governments to actively contribute and be involved, sadly, they have failed to promote or provide ongoing coverage of this momentous year. In contrast, the UK mainstream and international media whipped up a worldwide frenzy surrounding the Royal wedding of Prince William and Kate Middleton (even today still featuring the couple’s every move), but have managed to marginalize this historic declaration. The result is that millions of citizens around the world remaining ignorant to the tremendous opportunity the UN have provided to leave **‘an indelible MARK of remembrance’** before the year ends.

A Call to extend the DECLARATION (2012):

As the United Nations member States have not instigated the necessary promotions to make known this auspicious year to their individual countries; to-date, 8 months later, it remains unknown throughout the world... therefore as a serious mark of respect, the DECLARATION should be reaffirmed and extended for another year (through to the end of 2012). Member States should be penalized, if they do not commit to taking the appropriate actions to promote, initiate and fund programmes accordingly. This should be a **Year of Celebration**.

“What these blessed-men have given us, we must guard and try to keep alive with all our strength if humanity is not to lose its dignity, the security of its existence and its joy in living.”

Albert Einstein: *(Jewish German born agnostic; Swiss-Austrian-American Physicist. Nobel Prize in Physics*

Having travelled over a considerable portion of these United States, and having, in the course of my travels, taken the most accurate observations of things as they exist – the result of my observations has warranted the full and unshaken conviction that we, (coloured people of these United States,) are the most de-graded, wretched and abject set of beings that ever lived since the world began; and I pray God that none like us ever may live again until time shall be no more.

David Walker's Appeal. (1829).

Published every week by the Editors, at the Office of the Boston Recorder, No. 11, South Street, Boston.

SLAVES AT SALE

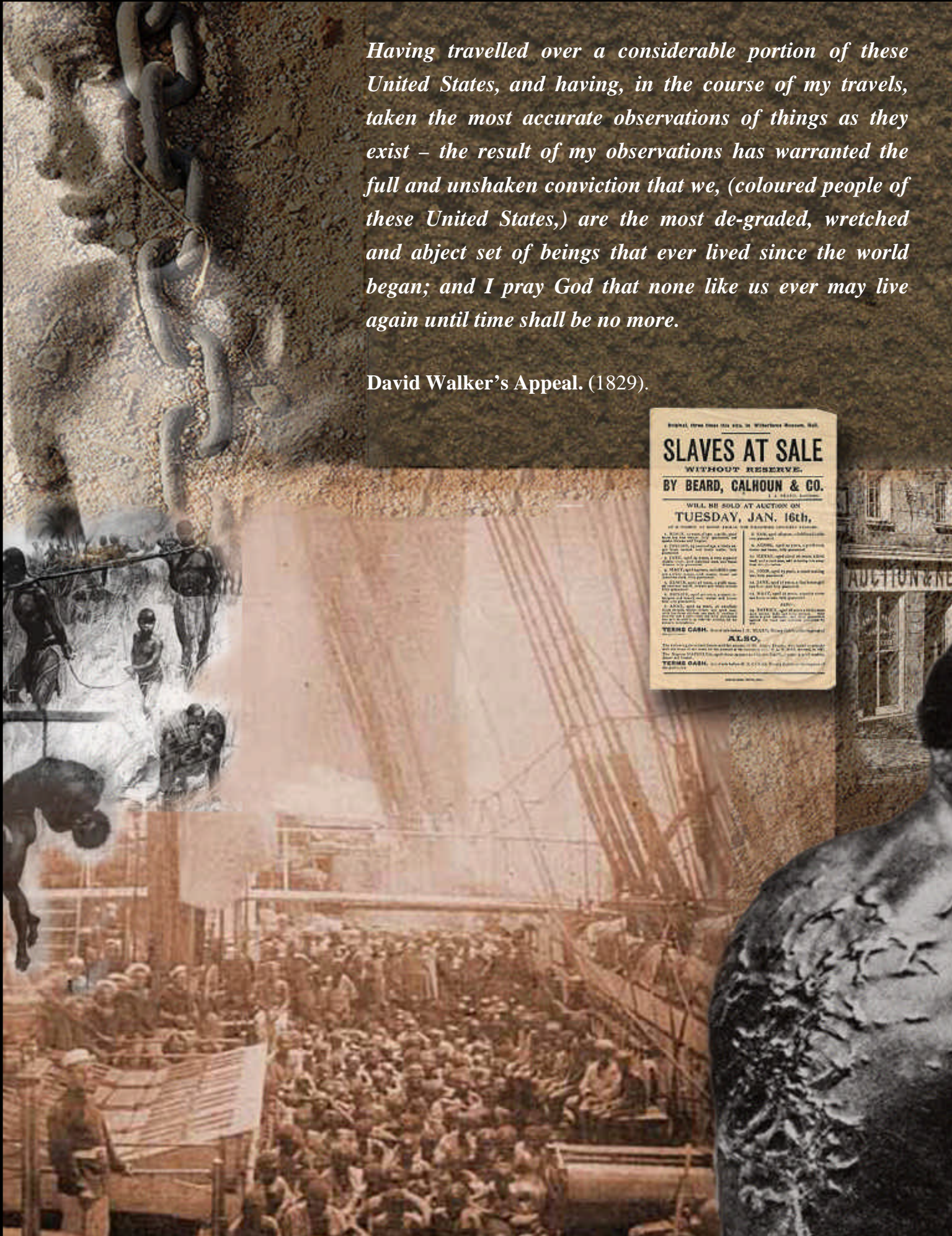
WITHOUT RESERVE,
BY BEARD, CALHOUN & CO.
No. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.

WILL BE SOLD AT AUCTION ON
TUESDAY, JAN. 16th,
at a house of some 1000 feet in the Broadway building

<ul style="list-style-type: none">1. MALE, aged 28 years, tall, good looking, his hair, eyes, nose, ears, and skin all perfect, and his teeth in good order.2. FEMALE, aged 20 years, a good looking, nice woman, her hair, eyes, nose, ears, and skin all perfect, and her teeth in good order.3. MALE, aged 18 years, a tall man, his hair, eyes, nose, ears, and skin all perfect, and his teeth in good order.4. FEMALE, aged 18 years, a tall woman, her hair, eyes, nose, ears, and skin all perfect, and her teeth in good order.5. MALE, aged 16 years, a tall man, his hair, eyes, nose, ears, and skin all perfect, and his teeth in good order.6. FEMALE, aged 16 years, a tall woman, her hair, eyes, nose, ears, and skin all perfect, and her teeth in good order.7. MALE, aged 14 years, a tall man, his hair, eyes, nose, ears, and skin all perfect, and his teeth in good order.8. FEMALE, aged 14 years, a tall woman, her hair, eyes, nose, ears, and skin all perfect, and her teeth in good order.9. MALE, aged 12 years, a tall man, his hair, eyes, nose, ears, and skin all perfect, and his teeth in good order.10. FEMALE, aged 12 years, a tall woman, her hair, eyes, nose, ears, and skin all perfect, and her teeth in good order.	<ul style="list-style-type: none">11. MALE, aged 10 years, a tall man, his hair, eyes, nose, ears, and skin all perfect, and his teeth in good order.12. FEMALE, aged 10 years, a tall woman, her hair, eyes, nose, ears, and skin all perfect, and her teeth in good order.13. MALE, aged 8 years, a tall man, his hair, eyes, nose, ears, and skin all perfect, and his teeth in good order.14. FEMALE, aged 8 years, a tall woman, her hair, eyes, nose, ears, and skin all perfect, and her teeth in good order.15. MALE, aged 6 years, a tall man, his hair, eyes, nose, ears, and skin all perfect, and his teeth in good order.16. FEMALE, aged 6 years, a tall woman, her hair, eyes, nose, ears, and skin all perfect, and her teeth in good order.17. MALE, aged 4 years, a tall man, his hair, eyes, nose, ears, and skin all perfect, and his teeth in good order.18. FEMALE, aged 4 years, a tall woman, her hair, eyes, nose, ears, and skin all perfect, and her teeth in good order.19. MALE, aged 2 years, a tall man, his hair, eyes, nose, ears, and skin all perfect, and his teeth in good order.20. FEMALE, aged 2 years, a tall woman, her hair, eyes, nose, ears, and skin all perfect, and her teeth in good order.
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TERMS CASH. - Good old money, to wit, GOLD, SILVER, and CURRENCY.
ALSO. - The following persons, for services rendered to the above, are hereby notified to attend at the above sale, on Tuesday, Jan. 16th, at 10 o'clock, at the above place, to receive their wages, and to settle for their accounts.

TERMS CASH. - Good old money, to wit, GOLD, SILVER, and CURRENCY.





AWAKENING THE 'WARRIOR' WITHIN.

DOUNNE ALEXANDER. MBE. FRSA.

Pioneering British/Caribbean business-woman **Dounne Alexander** (founder of the 'Joining Hands In Health[®]' campaign and petition **The Nation Speaks – "NO! Not In My Name"**): has decided to use this 'Key' Declaration to expose this; plus other hidden agendas engaged by the **UK Government, European Parliament and Powers That Be**, to save the world from **Corporate global enslavement**.

- **EU FOOD SUPPLEMENTS DIRECTIVE '2002/46/EC':**

In 2002, the **European Union** secretly approved a collection of laws called **the EU Food Supplements Directive - 2002/46/EC**, and most notably the **Traditional Herbal Medicines Products Directive - 2001/83/EC**, which was fully implemented in May 2011. To this day (9 years later), the majority of UK citizens are unaware of their existence or how they and other related directives and regulations will negatively affect them, their families or

livelihoods. These laws threaten the survival of **‘the entire natural world’** (*i.e. natural foods, herbs, supplements, indigenous remedies, traditional practices, health businesses, animals and global environment*)... and are being used to legally **CONTROL ALL MEDICINES** to be administered throughout Europe. This will form the new standard guidelines to ‘control medicines’ worldwide.

- **CODEX ALIMENTARIUS:**

In the early 1960’s, the **United Nations (UN)**, **Food and Agricultural Organization (FAO)** and **World Health Organization (WHO)**, created an **international committee** in order to establish a set of food ‘standards & guidelines’ called the **CODEX ALIMENTARIUS COMMISSION** (the Latin words **Codex Alimentarius** meaning “FOOD CODE”)... to legally **CONTROL ALL FOODS** to be sold and distributed throughout the world.

Thereby, paving the way for a **NEW WORLD** (namely **THE NEW WORLD ORDER**), which will have total **CONTROL** over everything *we eat, drink & medicate*. This effectively will take away our **FREE WILL CHOICE**. *The Codex Alimentarius Commission is working to create binding international food and supplement trade standards that are fully supported by the enforcement powers of the World Trade Organization (WTO) and other international trade agreements – and are in full alignment with the European anti-supplement, herb and traditional medicine laws passed in 2002. Eventually, we will no longer enjoy the freedom-to-choose or even the right-to-decide how we wish to live, manage or responsibly control our own health and nutritional needs – wherever we live throughout the world. Codex Alimentarius will also take away... our human, democratic, religious & spiritual rights, our cultural heritage and traditions...* which could see centuries of **ancient wisdom** written out of history and lost to future generations. Again, the majority of the world’s population are yet unaware of the existence of **CODEX** or the potential threat it poses to their health, livelihoods, long term quality of life and cultural traditions.

These **LAWS** were purposely created to **CONTROL the global commercial markets, plus ‘legally’ wipe out ALL THINGS NATURAL** to make way for our **NEW FUTURE...** (*i.e. legally fed on ALL THINGS ARTIFICIAL – meaning those Scientifically Engineered & Pharmaceutically Produced... such as Genetically Modified (GM) foods, irradiated produce, hormone infused plants and livestock, artificial foods & ingredients, meat & milk from cloned animals, fast foods, ready-made meals, prescription medication, over-the-counter drugs and a huge range of other pharmaceutical products, etc.*). The emphasis is on ‘cheap’ (synthetic / adulterated) foods, as the value and benefits of ‘real foods & natural herbal remedies’ will no longer be known, appreciated or deemed necessary.

Therefore, we are being carefully herded into the ruthless path of **Corporate Slavery**, which could be the greatest atrocity ever faced; the worst and most deceptive... because we’ve been led to believe that it is all being done for *our own good; the good of the world and future survival*. This new type of **SLAVERY** is no longer about **RACE** but about **global population control, power & wealth**. The brainchild of a few; driven by **GREED**... and cleverly engineered under the guises of ‘*health & safety*’, ‘*consumer protection*’ and the ‘*prevention of a global food shortage*’. This will continue the cycle of human experimentation; causing long-term suffering, physical & mental damage, increased infertility and premature deaths. Yet those responsible cannot be prosecuted because their actions are

protected by the LAWS they have purposely created to safeguard themselves.

SICKNESS across the globe has already reached pandemic levels and is increasing out of control. If 'synthetic drug-medication and foods' were beneficial or successful, we should be in a state of blissful health, rather than the worst in recorded history. Once the **EU Food Supplements Directive** and **Codex Alimentarius** are implemented throughout Europe, the *powers that be* will widen their net to 'Harmonize' the rest of the world.

***“CONTROL OIL and you CONTROL the NATION
CONTROL FOOD and you CONTROL the PEOPLE”.***

Henry Kissinger (*German-born political scientist; former American Secretary of State;
Nobel Peace Prize winner and an advocate of the New World Order*).

THE NATION SPEAKS – “NO! Not In My Name” (Nationwide Petition)



Petition to abolish the **EU Food Supplements Directive** and **CODEX ALIMENTARIUS**. (in association with the **Joining Hands In Health** campaign – www.joininghandsinhealth.com).

WAKE UP! - UK



To **SAFEGUARD YOUR**,
Human Rights,
Health Choice,
Natural Foods,
Cultural Heritage
& the Environment.

Please **SIGN** petition,
The Nation Speaks -
“NO! Not In My Name”
and pick up a ‘LEAFLET’
here today.

For more information visit:
[www.joininghandsinhealth.com]

STOP
EU BAN
TAKE
ACTION
TODAY



In 2009, Dounne made a compelling case to the UK and EU Parliaments, against the EU Food Supplements Directive and Codex Alimentarius... which was ignored. This inspired her to launch groundbreaking petition - **The Nation Speaks – “NO! Not In My Name”** (May 2010), to expose the 'real dangers' we will ALL face, if left unchallenged. In December 2010, she then made a powerful appeal to **the Queen**, as a final attempt to encourage the Monarch to liberate her nation by interceding on their behalf. Citing the Coronation Oath (i.e. *to defend & protect her citizens and country*), she states;

“With no one else to turn too, (as the last resort) and at the risk of being ‘criminalized’ for revealing these truths; accused of being a terrorist, extremist, conspirator, political activist, scaremonger, or mentally ill (under the Mental Health or other related Acts and forced into a mental institution)... I now turn to Your Majesty as our sovereign Monarch to intercede - as Your Government; Opposition Leaders, Parliamentary Members and MEPs... do not appear to have the best interest of UK citizens at heart, nor the ‘political power, will or influence’ in matters affecting us... where the European Union and the Pharmaceutical Industry are concerned”. As per Your Majesty's Oath, I pray that you will save your people from a life of perpetual ill-health, extreme censorship and enslavement.”

Based on factual evidence, Dounne implicates all the Political Parties, exposing (for the first time to the public) secret agendas, corruption, exploitation and deception. To ensure all our leaders were made fully aware of the serious implications and consequences, a copy was sent to Prince Charles, Prince William, the Prime Minister (David Cameron), Deputy Prime Minister (Nick Clegg), Opposition Leaders (*Ed Miliband – Labour; Harriet Harman – Labour; Caroline Lucas – Greens; David Ford – Northern Ireland Alliance; Gerry Adams – Sinn Fein; Nigel Dodds – Democratic Unionist; Margret Richie – Social Democratic; Alex Salmond – Scottish National; Tom Elliott – Ulster Unionist*); all members of both Houses of Parliament; Regional Assemblies (Greater London, Northern Ireland, Wales and Scotland), plus UK MEPs... **but again, was sadly ignored**; with the exception of UKIP MEPs (*Paul Nuttall UKIP, Nigel Farage UKIP, Stuart Agnew UKIP, Marta Andreasen UKIP, Gerard Batten UKIP, Godfrey Bloom UKIP, John Bufton UKIP, David Campbell Bannerman UKIP, Derek Clark UKIP, Trevor Colman UKIP, Nicole Sinclair UKIP, Mike Natrass UKIP, Roger Helmer - Conservative ...* plus House of Lords members - *William the Earl of Dartmouth, Lord Willoughby de Brooke, Lord Monckton of Brenchley, Lord Pearson of Rannock and Baroness Howells of St. David's*).

This explosive (41 page) document, currently circulating across the globe is an invaluable resource for UK, EU and worldwide citizens to fully understand the true nightmare ahead.

Explanation: “NO! Not In My Name”

This inspired title means... “declaring your **Divine Right to DO NO HARM** in your name” (*i.e. I do not consent and will not permit anything harmful to be done in my name*).



**PREVENTION OF
GOVERNMENT/CORPORATE GLOBAL SLAVERY
(A Landmark case)**

Integrating the **UN Declaration** with petitions **The NATION SPEAKS & GLOBAL VOICES UNITE - “NO! Not In My Name”**, Dounne (who was honoured by the Queen with the MBE for ‘service to the British Food Industry’; and further honoured this year with the 2011 Award for Human Rights and 2011 Award for Outstanding Contribution to Complementary & Natural Medicine)... is now taking her landmark case to the United Nations, as part of the **2011 International Year for People of African Descent**.

She says; “As a historic mark of respect and remembrance for our ancestors forced enslavement and 400 years of suffering; as a woman of African descent, I call upon the Queen, UK Governments, European Union, United Nations member states, World Health Organization, World Trade Organization, Corporations and all involved in these crimes against humanity... to honour the UN DECLARATION by abolishing the **EU Food Supplements Directive, Codex Alimentarius, (and all efforts to reproduce them in Non-European nations as “standards”)** and any other forms of inhumane acts of abuse, enslavement, discrimination, exploitation, suppression and injustice, (as detailed in my appeal to the Queen)”.

“Additionally, these legislations conflict with the UN Declaration to: **‘promote greater knowledge of and respect for the diverse heritage and culture of Africans’**. By threatening access to our native-produce and traditional remedies, plus lack of acknowledgement of our spiritual beliefs, not only disregards the most integral part of our being, but also directly discriminates and disrespects our cultural heritage. The dispersal of our people through slavery has had an adverse affect on the health, wellbeing and cultural education of the African population (in general), which will continue to diminish amongst future generations throughout the Diaspora... thus **threatening extinction**. Our wealth of cultural knowledge can only maintain ongoing relevance, if it is integrated within the global educational curriculum, plus lawfully protected. A loss, steeped in so much ancient history, **if not embraced**, will only serve to make the world a much more ignorant place”.

“I hereby request the adoption of **THE PEOPLE’S MANDATE** to establish an independent, **LAWFUL** framework based on ‘**Natural Law (& Common Law)**’ - where it applies) that... **honours** Mother Earth; **preserves** the natural environment; **stops** tampering and destroying nature; **respects** all life-forms; **safeguards** natural foods, indigenous remedies & ancient wisdoms; **secures** democratic and individual freedom, human, religious & spiritual rights; **protects** animal health & welfare and **maintains** the rich cultural heritage of the world... **for eternity**”.

“If not, I believe it would be only right and just that those responsible and directly involved, be ‘individually’ brought to justice and prosecuted for crimes against humanity. It is also important for citizens of the world to know, who amongst the elected ‘stood for or against’ their wellbeing and the planet”.



“I had a DREAM that one day... ALL of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to **JOIN HANDS** and sing in the words of the old Negro spiritual; **FREE at last! FREE at last! Thank God Almighty, we are FREE at last.**”

Dr. Martin Luther King Jr. (Baptist Minister; African-American Civil Rights Leader; Nobel Peace Prize winner; advocate of non-violence and civil disobedience). August 1963.

“So please, let **FREEDOM** ring throughout the world from TODAY onwards”

THE POWER & FUTURE IS IN ‘YOUR HANDS’

to STOP this TRAGEDY before it’s too late!

So please **ACT NOW!**

Donne Alexander MBE. FRSA

following in the footsteps of ...

Sojourner Truth, Dr. Martin Luther King, Malcolm X, Angela Davis, Stephen Bantu Biko, Harriet Tubman, Chaka Zulu, Rosa Parks, Nelson Mandela, Imhotep, Nanny of the Maroons, Marcus Mosiah Garvey, Shabaka, Toussaint L’Ouverture, W.E.B. Du Bois, Paul Bogle, Bob Marley, Mary Seacole, Paul Robeson, Claudia Jones, Muhammad Ali and the millions of freedom fighters (past & present).



REVOLUTIONIZING 21st.CENTURY HEALTHCARE

DOUNNE ALEXANDER. MBE. FRSA / PROFILE - *IN BRIEF.*





DOUNNE ALEXANDER. MBE. FRSA.

Founder of GRAMMA'S® and Joining Hands In Health®; mother, spiritual herbalist, health campaigner, publisher, author, motivational speaker, mentor and award winning business pioneer.

Honours and Achievements - *in brief* ;

- Honoured as a **'true pioneer & visionary'** (*for her groundbreaking work, dedication, determination and vision... in natural healthcare and business development*).
- Honoured by **Queen Elizabeth II** - with the **MBE Medal** in 2007 (*for outstanding service to the British Food Industry*). **The recipient of 10 National Awards...** including the **2011 Award for Human Rights** and **2011 Award for outstanding contribution to Complementary & Natural Medicine**.
- Voted one of the **100 greatest & most influential black people in British history** (*for the 2000 British millennium history archives, plus her contribution recorded by the BBC and stored for posterity in the British National Library*).
- **American Chilli Institute** – her name recorded in the *'Hall of Fame'* for bringing international recognition of the health enhancing benefits of Hot Peppers, making it the essential ingredient enjoyed in most meals today.
- **Most influential British women since 1945** (*recognised in the BBC's celebrated book – 'Woman's Hour' in the chapter 'Women who led the Way'*). Plus featured in 20 inspirational and educational books.
- In 1995, Dounne's first book *'The Black Cinderella'* gave a first-hand insight into British Banks insensitivity towards women; start-ups & minority businesses; institutionalised racism & discrimination; lack of financial support or legal redress; in-effective training; corrupt insider dealings, plus *how & why* the system was designed to guarantee failure instead of success. Immediately, headhunted by the Shadow Government as **business advisor** at cabinet level; her recommendations for change brought about the appointment of a **'Banking Ombudsman'** for small businesses; **increased the Loan Guarantee Scheme from £100,000 to £250,000**, plus other major policy changes still benefiting small businesses today.
- In 2001, her second book *'A Mission of Love'* (launched in the House-of-Lords and described as an inspirational masterpiece); chronicles her extraordinary business and spiritual journey. Adopted by Coventry University as a course study text in Leadership, Entrepreneurship, Personal Development, Natural Health and Social Responsibility. Proving ahead of her time, it reveals precisely what is taking place today in the food & health

industry, with an in-depth insight into the causes and solutions of our poor health, plus serious consequences for the future, if we fail to take action.

Personal Background – *in brief*;

Born (1949) in the beautiful Caribbean Island of Trinidad, as a severely premature baby with a life expectancy of only one month. Thankfully her late grandmother's strong faith, intuition, tender loving care and incredible knowledge on the health enhancing benefits of natural foods and folklore herbal remedies... **enabled her to survive against the odds**. As a child, under her grandmother's watchful eyes, Dounne learnt many valuable life lessons... steeped in the selfless tradition of sharing information and knowledge in which to benefit others. Being raised in the Caribbean, she experienced an amazing quality of life obtained through living in a pollution free environment; on a rich diet of natural (home grown) foods; good old fashioned home cooking; home-made herbal remedies and in the spiritual belief that the 'Divine Creator' has provided abundantly for all their needs in nature. **In those days poor-health & sickness was rare. This was the blue-print that shaped her life.**

Following in her ancestors footsteps, Dounne (now 62) remains a passionate believer in 'Divine Purpose, Spiritual Consciousness and a strong advocate of Traditional Self Healing' (based on the ancient holistic principle that **Natural Foods are meant to Feed & Heal**). In comparison, witnessing increasing health deterioration in the UK, due to the overuse of 'conventional drug-medication & artificial foods'; for the past 3 decades, Dounne has been raising awareness and spearheading 'traditional natural healthcare'; emphasizing the importance of healing mind, body & spirit through the provisions of nature & home-cooking... plus highlighting the essential role they play in maintaining overall (whole body) health.



In 1987, she established **GRAMMA'S** (specialist manufacturer of traditional herbal foods; named in her grandmother's loving memory) specifically to serve this purpose. Dounne is the first to integrate 'natural foods with medicinal & culinary herbs' for optimum / sustainable health. Initially supplying prestigious department stores such as Harrods, Fortnum & Mason, Harvey Nichols, Selfridges and the top 7 mainstream supermarkets; however ill-health forced her to put the business on hold to focus on self-healing.

In 1994, Dounne discovered *A Missing Link* in the food chain (**Zara's Herbal Tea**) which healed herself and family pet from terminal cancer and was the inspiration behind her **Joining Hands In Health** awareness campaign. Through it, she hopes to revolutionize 21st.century healthcare by taking 'food & medicine' to the next level. Her ultimate dream is to re-educate and empower everyone to take responsibility and manage their own health; join forces with the National Health Service, Doctors, Health Practitioners & Carers to provide cost-effective healthcare solutions, as well as integrate animal health & welfare. After a 14 year struggle with the British Medical Establishment, in 2008, the

Minister for Public Health finally approved her extraordinary herbal-products for use in hospitals and hospices. A year later, her products were banned by UK Regulators, enforcing new EU Laws. Immediately, she took up the quest to protect natural foods and traditional herbal remedies from the clutches of the European Union and Pharmaceutical Industry; to safeguard the natural health industry and the nation's health. Doune took her case to the UK Parliament, European Parliament and the Queen, then launched ground-breaking petition '**THE NATION SPEAKS – NO! Not In My Name**' (incorporating **GLOBAL VOICES UNITE**) and integrated both petitions with the **2011 UN Declaration** (for people of African Descent).

Doune is currently waking-up the world's population to the dangers ahead; in order to facilitate the removal of draconian EU Laws being enforced worldwide... and prevent **Government/Corporate global slavery**.

For more information please visit www.joininghandsinhealth.com. Alternatively please contact Ms India Moore india@joininghandsinhealth.com / +44 020 8 470 8751 (Mon-Fri, between hours 14:00 – 18:00).